

Spirituality of the Cup

Facilitator's Guide

Half-day morning session

- ❖ Introduction- These are the points to make:
 1. It was a goal of the XX General Assembly to provide an ongoing formation opportunity for the members and associates to be articulate in the language of our spirituality. Today we are going to develop our understanding of the symbol of the Cup and we will explore ways to articulate and share our spirituality with others.
 2. We want our time to be prayerful sharing of our spirituality. (You can share the schedule of the session with everyone.) Note- The session outline that we sent can be modified to your particular setting.
 3. It may be a half or a full day session, as determined by the leadership team of the unit. The Morning session is to facilitate sharing on a personal level. The Afternoon session is to think about how we can integrate an articulation of our spirituality into our preaching.

- ❖ You will need to prepare copies of the Morning Prayer: Use the Psalter of the day, but substitute the reading and use: Mt. 26:36-44. (Agony in the Garden- *"Take this cup from me..."*) For the intercessions use the Prayers for the Society.

[If the half-day session is in the afternoon, then start with the introduction and end with Evening Prayer; making the same substitutions.]

- ❖ Bring the Scripture reading with you and invite a volunteer to do the reading and
- ❖ Read aloud the Reflection offered by Fr. Joe Nassal, C.P.P.S.
- ❖ Introduce a time of personal reflection and determine the time available for this reflection. Introduce the two reflection questions and tell the participants that when we come back together we will share our reflections in the group. This gives us an opportunity to learn from others and gives everyone a chance to articulate our spirituality.
- ❖ For the sharing in group, if space permits have the group sit in a circle so that they can make eye contact. Introduce each question and invite the sharing. No note taking or reporting is necessary.

If you are leading a full day session, then in the morning do as described above.

Afternoon Session- Group work

- ❖ Describe the activity: We will continue to reflect on the spirituality of the cup and focus on the Eucharistic dimensions. We will use a reading from the Mass of the Lord's Supper and share in an exercise of homily preparation for preaching on Holy Thursday.
- ❖ Bring the Scripture [I Cor 11:22-36] and invite a volunteer to read it
- ❖ Introduce the time for private reflection
 - In one sentence tell us: What is the good news found in this passage?
 - In one sentence tell us: What is the challenge found in this passage?
 - How can my preaching on this passage reflect Precious Blood Spirituality?
- ❖ Share together in one group or small groups
 - In your parish or ministerial setting, how would you, from the perspective of Precious Blood Spirituality, preach about the cup and Precious Blood during a celebration of the Mass of the Lord's Supper?
- ❖ Prepare and bring copies of Evening Prayer. Use the Psalter for the day, with the Propers for Holy Thursday or Celebrate the Mass of the Lord's Supper.